



Sacred Womb Foundation

LEAD MATERNAL STABILIZATION SPECIALIST

Position Summary

The Lead Maternal Stabilization Specialist serves as the shift leader and primary support person within the home. This position leads by example while providing compassionate, trauma-informed support to residents and mentoring direct support staff.

Working closely with the Home Manager and interdisciplinary team, the Lead Maternal Stabilization Specialist helps create environments that are safe, structured, and rooted in dignity, accountability, and healing.

Position Type

Full-Time | Non-Exempt

Anticipated Compensation Range

\$21.50-\$24.00 per hour

Dependent upon experience, credentials, certifications, and organizational needs. Additional specialty differentials may apply.

Reports To

Home Manager

Position Purpose

This position exists to provide leadership, consistency, and support within the home while promoting a culture that encourages healing, personal responsibility, and long-term stability.

Essential Functions

Resident Support

- Provide direct support to residents in accordance with individualized goals and program expectations.
- Promote healthy routines and independent living skills.
- Encourage participation in programming, appointments, and activities.
- Provide emotional support and crisis de-escalation.
- Maintain professional boundaries and trauma-informed interactions.

Shift Leadership

- Serve as the lead staff member during assigned shifts.
- Support and mentor Maternal Stabilization Specialists.
- Ensure continuity of care and communication between shifts.
- Assist with problem-solving and conflict resolution.
- Support new staff during orientation and training.

Documentation & Communication

- Ensure timely and accurate documentation.
- Communicate resident concerns and significant events to leadership.
- Participate in interdisciplinary meetings and case reviews.
- Maintain confidentiality and professional standards.



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Home Environment

- Promote a safe, clean, and welcoming environment.
- Monitor supplies and household needs.
- Support meal planning, transportation coordination, and daily activities.
- Reinforce house expectations and community standards.

Safety & Crisis Response

- Respond appropriately to emergencies and incidents.
- Support crisis intervention and de-escalation efforts.
- Ensure policies and safety procedures are followed.
- Assist with incident reporting and follow-up activities.

Supervisory Responsibilities

Provides shift leadership and mentorship to:

- Maternal Stabilization Specialist III
- Maternal Stabilization Specialist II
- Maternal Stabilization Specialist I
- PRN Maternal Stabilization Specialists

Does not perform formal performance evaluations but may provide input regarding staff development and performance concerns.

Minimum Qualifications

- High school diploma or GED required.
- Minimum two years of experience in healthcare, human services, behavioral health, residential services, or related settings.
- Strong communication and leadership skills.
- Ability to remain calm and professional during stressful situations.

Preferred Qualifications

- Associate's or Bachelor's degree preferred.
- Experience working with pregnant and postpartum individuals, domestic violence survivors, or vulnerable populations.
- Experience providing direct support and mentoring staff.
- Knowledge of trauma-informed care and crisis intervention.
- Doula certification, Community Health Worker certification, or Peer Support credentials preferred.

Equivalent combinations of education and experience may be considered.

Why This Role Matters

Residents often remember the people who walked beside them during difficult seasons of life. The Lead Maternal Stabilization Specialist helps create the daily experiences that shape healing, trust, and growth. Through leadership, compassion, and consistency, this position helps transform houses into homes and support into stability.